

# THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2017 Sporting Excellence in Karate National Level

## **Rebecca Haskins**

This is to certify that Rebecca Haskins is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Rebecca competed at National Championships throughout England in 2017 winning the medals and titles listed below:-

### Championship Success - 8 Gold 1 Silver 2 Bronze

Shindo Kai Karate Championships - 2<sup>nd</sup> July, Barnsley

Gold - Individual Kumite Bronze - Individual Kata

### Wado UK Championships - 3<sup>rd</sup> September, Bradford

Gold - Individual Kumite

Gold - Individual Kata

Gold - Team Kata

Gold - Pairs Kata

## North of England Championships - 22<sup>nd</sup> October, Sheffield

Silver - Individual Kata Bronze - Team Kata

### Shindo Kai Karate Championships - 19<sup>th</sup> November, Barnsley

Gold - Individual Kumite

Gold - Individual Kata

Gold - Pairs Kata











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# **Rebecca Haskins**

Congratulations on your sporting achievements throughout 2017. Well done Rebecca.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







